## January 2020

## Volume 36, Issue 3

# SCA Board of Directors

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January Meeting Tuesday, Jan. 21 Crestwood ES

Social time—7:00pm Meeting—7:30pm

Program:
"Where Do Things
Go"

Randy Bartlett
Director of Public Works
and Environmental Services

## **Springfield Reporter**



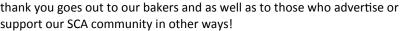
# Springfield Civic Association

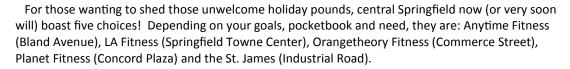
# President's Message—Gail Nittle



I hope your holidays were happy and healthy! The house decorations were beautiful and there was even a Santa sighting in the neighborhood!

Twenty-one SCA bakers made the holiday particularly enjoyable for our twenty-five advertisers and supporters with a 3-pound box of homemade cookies and treats! A huge





You won't want to miss our January 21<sup>st</sup> SCA meeting! The topic is "Where Do Things Go" and our presenter will be Randy Bartlett, Director of Public Works and Environmental Services for Fairfax County. Come and hear about recycling, trash service, the difference between waste water and storm water, what happens to solid waste, Brookfield Park stream improvements, an update on Lake Accotink, and why your sewer rates seem to be going up. Come and bring your questions!

January 9<sup>th</sup> was Law Enforcement Appreciation Day. We're grateful to and for our police and especially recognize their work and sacrifice. As part of "The Commander in the Community" outreach, Captain Fried will be at the Richard Byrd Library, 7250 Commerce Street, Monday, January 27<sup>th</sup>, from 6-8 pm. to spend time with and speak to our community! This is a great opportunity to have your questions answered! In addition, on the third Wednesday of each month, at 7 pm, the Citizen's Advisory Committee (CAC) invites you to a law enforcement program at the Franconia Government Center followed by a time of community engagement with Captain Greg Fried. One more item from law enforcement is the recent TV update on the 2006 Marion murders. If you missed the program, you can go to this link to see the composite pictures of the suspect <a href="https://www.fox5dc.com/news/marion-murders-police-release-composite-images-of-man-who-killed-sexually-assaulted-2-virginia-women">https://www.fox5dc.com/news/marion-murders-police-release-composite-images-of-man-who-killed-sexually-assaulted-2-virginia-women</a>

We're counting on your coming out to our January 21<sup>st</sup> meeting! Get involved! From the SCA to you and your family, Happy New Year!

Gail





# Jeff McKay, Chairman, Board of Supervisors

## A New Chapter in Fairfax County

## Happy New Year!



I'm excited to be sharing this message with you on my first day as Chairman of the Fairfax County Board of Supervisors.

As someone who's spent his whole life in the County, born along the historic Route One Corridor and now a resident of the Hayfield community, I'm proud to begin this new chapter as the first Chairman from South County in recent memory.

Today also marks the first day of a new Board of Supervisors, School Board, Soil and Water Conservation District Board and Commonwealth's Attorney. My colleagues and I are excited to hit the accelerator on our shared priorities, while also living up to our proud reputation as a well-managed, reliable, and forward-thinking Board.

You know that Fairfax is the best managed County in Virginia with the best school system and some of the best services and programs in the world. As I govern from the Chairman's office, I will continue to live by my high school motto, "Advance Always". This means that even though we are one of the best, we need to ensure this County is the best for everyone who lives here. Everyone in every corner of this County deserves an equal opportunity to succeed. That's One Fairfax.

With that, I wanted to take a moment to introduce to you to some of my priorities for the next term and my new staff.

#### **Term Priorities**

**One Fairfax**: Ensure all decisions are led by equal access regardless of who you are, where you live, and where you come from. As Chairman, I will continue to foster inclusion, fairness and diversity in Fairfax.

**Housing:** Increase funding to grow the number of affordable housing units and senior housing units, exceeding past goals.

**Combat climate change:** Lead by example by removing barriers to solar power, ramping up efforts to reduce greenhouse gas emissions and increasing Fairfax's tree canopy. In Fairfax County, we trust the research of scientists and acknowledge the crisis climate change presents.

**Transportation:** Promote multimodal transportation, improve experiences for walkers, bikers and transit-riders and replicate our free student bus pass program to expand access for our students. We can't pave our way out of gridlock.

**Education:** Continue to collaborate with the School Board and ensure our school system remains the best in the country. As a parent of two FCPS students, I know firsthand the importance of good public schools. Education has always been and will always be our Board's number one priority.

### **Meet the Team**

**Lindsey Martin, Staff Aide**: Lindsey has served on Chairman Bulova's staff for the last 3 years. She'll be responsible for land use, parks, and code compliance.

(continued on pg. 3)



# Jeff McKay, Chairman, Board of Supervisors (cont'd)

**Amir Abu-El-Hawa, Scheduler**: Amir is a lifelong Fairfax County resident who has spent the last 2 years working at the Restonbased nonprofit Cornerstones, a human services provider for our most vulnerable. He'll be our scheduler and office manager.

Marcus Wadsworth, Staff Aide: Marcus has worked in the Lee District Supervisor's Office for the last 12 years. He'll be handling transportation and public works in the Chairman's Office.

**Natalie Nguyen-Woodruff, Director of Partnership and Community Engagement**: Natalie worked in the County's Departments of Neighborhood and Community Services and Family Services before joining the Lee District team last September. She'll primarily be responsible for our office's outreach, as well as health, housing and human services.

**Taylor Holland, Chief of Staff**: Taylor comes to the Chairman's Office after serving as my Chief of Staff in Lee District for the past 6-plus years. Prior to that, he worked as a journalist in Virginia and Alabama.

**Hannah Menchhoff, Communications Specialist**: Hannah grew up in Fairfax County and has done communications for campaigns and small businesses for the last three years. She'll be primarily responsible for our office's communications, such as our enewsletter and social media accounts.

## Reception

I'm honored to serve as your Chairman and thank you for putting your trust in me and my colleagues. I hope you join me at the annual **Chairman's New Year Reception on January 30 from 5-7 p.m.** in the forum of the Fairfax County Government Center.

Let's go forward into this new year knowing the good we have accomplished, but also that our best days are ahead of us. Thank you again for your friendship, guidance, and support.

## Time To Pay Your Dues

The SCA would like to remind its members that dues for the 2019-2020 program year are due NOW. The funds raised from dues go directly to help support the SCA and its programs. If you've already renewed your SCA membership, thank you! The SCA would not be the strong and vibrant entity that it is without members like you. If you haven't paid your dues yet, it's not too late. You can pay your dues either by cash or check at our next meeting on Tuesday, January 21st., or you can pay your dues anytime via our website, springfieldcivic.org. Dues are \$15 per household.





## ECHO NEWS

This month, ECHO especially needs laundry detergent and deodorant as well as cooking oil and canned meats. The Housewares Department is hoping to get donations of toasters, mixers and blenders. ECHO's Clothing Department requests men's clothing in small and medium sizes, especially coats. New backpacks and 1-1/2" or 2" loose leaf binders are needed in ECHO's ongoing assistance to families with school-age children. ECHO is open to receive donations Monday through Friday from 9:30 am to 12:30 pm, and on Tuesday, Wednesday and Thursday evenings between 7:00 and 9:00. ECHO is closed on major holidays and when bad weather causes a closure of Fairfax County Public Schools. If in doubt about ECHO's schedule, please check the website at <a href="https://www.echo-inc.org">www.echo-inc.org</a>.



**Stuff the Bus!** To help ECHO collect food for the most vulnerable in our community, Fairfax County Government, Giant, and MV Transportation, Inc. will conduct a Stuff the Bus event on Saturday, January 18, 9:30 am to 4:00 pm at the Cardinal Forest Giant, 8320 Old Keene Mill Road, Springfield. Look

for a Fastran Bus in front of Giant where volunteers will accept non-perishable food donations. In the days before the event, bags of some of ECHO's most-needed items will be available for sale, already packed and priced for donors' convenience.

Please cast a discerning eye on the household goods and clothes you would like to give to ECHO. If the item you plan to donate is not in usable condition, it will <u>cost ECHO</u> more than it will help. ECHO must pay commercial trash hauling rates to discard items that can't be used because they are broken, stained, torn, dirty or missing crucial parts. Our volunteers are wonderful, but they can't work magic. We will be grateful to all who help ECHO preserve its funds for carrying out its mission instead of using those funds for carrying off its trash!

There is a list of items ECHO cannot accept on our website at www.echo-inc.org, under "Donate Goods."

## **Food Drives**

January - Kirkwood Presbyterian

February - Abiding Presence Lutheran

## **Upcoming Dates to Note**

January 18 - Stuff the Bus food donation Cardinal Forest Giant

January 20 - Closed for Martin Luther King Day

January 27 - Executive Comm. meets 7:30 at ECHO

February 1 - Saturday opening

February 17 - Closed for Presidents Day

February 24 - Board of Dir Meeting, 7:30 St. Christopher's Episcopal





# Friends of Richard Byrd Library Update

## Winter Book Sale!!

What a great winter sale we had!! We raised over \$10,400!

With this revenue the Friends will be able to fund many children's programs at Richard Byrd Library as well as provide extras like iPads for the new catalog system, a 3-D printer, Chromebooks for computer training, prizes for reading programs, periodicals and much more. We appreciate our volunteers help during the 60 hours of set up, organizing, selling and cleaning up. Special thanks to talented artists Mary Rose Janya and Barb Aigen of the Springfield Art Guild for designing and painting the conference room window!

After the sale we also donated books to ECHO, the food bank, the Fairfax County jail, the laundromat, and the women's shelter. Bravo to all of you and thanks so much for your help in supporting our community!

The patrons enjoy their shopping experience because we have a very well-organized sale with friendly volunteers to help search for that special something. What a great way to start the holiday season and end the year...helping the community!







## Teacher Appreciation!!

On Thursday, October 10<sup>th</sup>, the Friends held our 7<sup>th</sup> annual Educators' Night. So many books to choose from!...thanks to support from the Greater Springfield Chamber of Commerce children's book drive (held in April). We hosted teachers and principals from six local Title 1 schools – Crestwood, Franconia, Garfield, Lynbrook, Saratoga and Springfield Estates. Sixty-nine educators came to Richard Byrd Library to choose 15 free books for their classroom libraries (and 10 bonus nonfiction items). That's over 1,700 books and resources available to young readers around Springfield! We appreciate our teachers because they work so hard and enthusiastically to inspire children to dream big and achieve their goals. The teachers were so excited to choose items their students would enjoy (and an adult book for themselves as well, just for fun). The Friends are extremely grateful to our sponsors for their enduring support – the Greater Springfield Chamber of Commerce, the Woman's Club of Springfield and Process Point Consulting. (continued on pg. 6)





All photos courtesy of Friends Of Richard Byrd Library

Please thank our advertisers when you visit them. Their investment in our community is greatly appreciated.

# Friends of Richard Byrd Library Update (cont'd)

## Library/Friends Featured on 50+ Podcast

On Wednesday, December 18<sup>th</sup> our Branch Manager, Valerie Suttee and Friends' President, Judy Perry participated in a fun 50+ Podcast interview with host Jim Person. Fairfax 50+ is a podcast series featuring discussions on issues, services and activities of interest to residents 50 and over. We shared information about various library programs and how the Friends' support the library. Listen at: <a href="https://soundcloud.com/fairfaxcounty/all-about-community-at-richard-byrd-library-fairfax-50-plus-podcast?in=fairfaxcounty/sets/fairfax-50-podcast">https://soundcloud.com/fairfaxcounty/all-about-community-at-richard-byrd-library-fairfax-50-plus-podcast?in=fairfaxcounty/sets/fairfax-50-podcast</a>

## Join Us - Be a Friend - Time to Renew Memberrship

We appreciate our volunteers, and if you aren't already a volunteer - please join us. If you'd like to do more, become a dues paying member of the Friends. A \$10 individual or \$20 family annual membership provides you with reserved seating for Friends events, a 4X a year newsletter, and preview shopping at our sales. Why is it important to volunteer and/or become a member? **Well, did you know?** 

- Friends pay for all the children's performers at the library.
- Friends pay for the New York Times, Scientific America and 14 other publications.
- Friends provide volunteers for summer reading programs, Reading Buddies, and all or hands on programming.

Friends run Educators' Night - our program to bring books to our school's classroom libraries.

#### **Upcoming Events**

February 7, March 6, April 3: Coffee & a Classic Movie, 10:30am January 13: Financial Literacy—Predatory Lending, 6:30pm

January 16, February 20, March 19, April 16: Legos in the Library, 4:30pm, Age 5 - 12

January 18, April 18: **CoderDojo**, 1 – 3pm February 15, March 21: **CoderDojo**, 2 – 4pm

February 16: Financial Literacy—Reducing Your Debts, 6:30pm

## Follow us on Social Media outlets

Friends on Facebook at "FriendsofRichardByrdLibrary"

Instagram at "bowtiethelibrarypenguin"

Twitter at "ByrdLibFriends"

Your engagement helps us reach an even broader audience!

Volunteer: Looking for a volunteer opportunity...come join the Friends of the Richard Byrd Library! Contact us

at: <a href="mailto:rbfriends@gmail.com">rbfriends@gmail.com</a>. Teen volunteers, Saturdays 12 – 2pm.

**Donations:** As always, we welcome all donations of gently used books (print and audio), DVDs, CDs and LPs. Donation receipts provided upon request.

# A Little Springfield History

A saw and grist mill was constructed in the vicinity of what is today Springfield between 1796 and 1800. Owned by James Keene, it gave its name to today's Old Keene Mill Road. The mill served farms in the area for around sixty years before its discontinuation when William H. Keene was convicted and imprisoned for the 1855 murder of Lewis Quincy Hall. Nothing remains of it today save for two mill races.

Springfield was founded in 1847 around the Orange and Alexandria Railroad's Daingerfield Station. Today it's known as the Backlick Road Virginia Railway Express station, located off Backlick Road. The station was named for "Springfield Farm", owned by Henry Daingerfield, an Alexandria businessman who sat on the railroad's board of directors. The post office was completed sometime after 1851. It was in existence at the time of the American Civil War, being the site of a skirmish on October 3, 1861 and a Confederate raid on August 3, 1863. The station served as the first Springfield Post Office from 1866 to 1868.

In 1877, Richard Moore petitioned for a post office, which he named Moor. It was located about a little over a mile south of the station, near the intersection of Fairfax (now Old Keene Mill) and Backlick roads. The post office name was changed in 1881 to Garfield to honor the late President James A. Garfield, who had been assassinated that year. In 1907, the Garfield post office closed and a new postal station named Corbett (after the then-landowner) opened back at the railroad station. The name "Springfield" was reinstated for good on June 27, 1910, although the name Garfield continued to appear on maps at least through the 1930s. The post office was moved to a new site in 1933. (Article from Wikipedia)



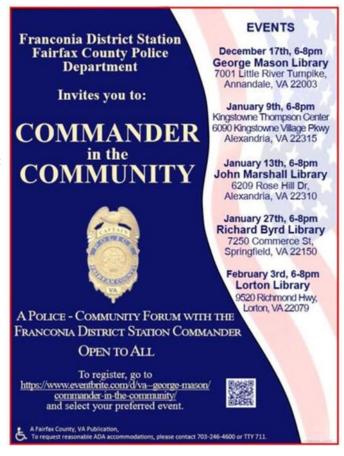
# Commander in the Community

The Franconia Station's Initiative, "Commander In The Community" is up and running! Captain Greg Fried, Commander of the Franconia District Station will be making 2 more stops throughout the District Police Service Area to spend time with and speak to our community!

This FREE initiative is designed to create easier and more convenient opportunities for you to speak with Captain Fried and some of his staff. You are encouraged to attend whichever gathering is best for you!

Meet up with us at: Stop 4: **Richard Byrd Library** 7250 Commerce Street Monday 01/27/20 6-8pm <a href="https://www.eventbrite.com/e/82532985381">https://www.eventbrite.com/e/82532985381</a> Stop 5: Lorton Library 9520 Richmond Highway Monday 02/03/20 6-8pm <a href="https://www.eventbrite.com/e/82533234125">https://www.eventbrite.com/e/82533234125</a>

These events are FREE, but you will **need to register** through Eventbrite. Captain Fried will have coffee and other light refreshments for all to enjoy!



## Doradus Futbol Club



In September 2019, the SCA helped sponsor a shoe donation drive to fund the local Doradus Futbol Club's trip to Florida to compete in a "once in a lifetime" soccer tournament. Our local youth achieved a record of 5-0!

This unique soccer club brings elite and premier level soccer to many talented youth soccer players. **Doradus FC** provides soccer development on a year round basis. New and innovative training methods are constantly being introduced to the players. Players are exposed to early skill development with careful attention being paid to the individual technical skills as well as tactical skills. Teams are encouraged to play at the highest levels of competition in the region and the nation.



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## Lake Accotink

## Lake Accotink Winter Events and Programs, January - March 2020

For more information or to register for classes or events, please visit https://www.fairfaxcounty.gov/parks/lake-accotink

#### Homeschool at the Lake - Winter Classes

This program for school children focuses on the natural and historical world. A different topic and hands-on activities are covered each month. Cost is \$7 per child.

Thursday January 9, 1:30-2:30 pm: Theme – Hibernation Thursday February 13, 1:30-2:30 pm: Theme – Snow

Thursday March 9, 1:30-2:30 pm: Theme – Almost Spring

#### Art at Accotink—Winter Classes

Learn fundamental skills in a variety of art genres, and take home a nature-themed project at the end of each class. A different topic each session. Cost is \$24 per person, \$2 supply fee is payable to the instructor at class.

Thursday January 14, 1:30-2:30 pm: Theme – Drawing Thursday February 11, 1:30-2:30 pm: Theme – Painting Thursday March 10, 1:30-2:30 pm: Theme – Sewing

#### Scouting badges

Register your troop to earn your Naturalist, Hiker, Explorer, Night Owl, Trailblazing, Make the World a Better Lace, Animal Habitats, or Trees Naturalist Badge at Accotink. For more details or to sign-up visit <a href="https://www.fairfaxcounty.gov/Parks/lake-accotink">https://www.fairfaxcounty.gov/Parks/lake-accotink</a>

## Lake Accotink Acting Manager, Sarah Oberther, CPRP



I have managed golf facilities for the Fairfax County Park Authority for 15 years; spending the past seven years as the manager of Pinecrest Golf Course in Alexandria, VA. I have been involved in the academic community teaching at Northern Virginia Community College and also have several years of experience working in park settings as well as nature centers. I strive to be a leader in customer

service and innovation by promoting golf and recreation to diverse audiences through different venues such as SNAG ("Starting New At Golf") and at community special events. My goal is to work with FLAP and promote the Fairfax County Park Authority and the benefits of quality parks and recreation facilities, programs and community based activities. I will be stationed at Lake Accotink starting in October through February.

## Contact SCA

Do you have a question for the SCA? Contact us via email at springfieldcivic@yahoo.com.

Check out our website at springfieldcivic.org.

We're on Facebook! Check us out at Springfield Civic Association





# Trails for Youth

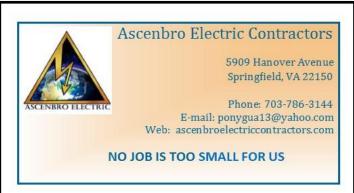
Happy New Year from TrailsforYouth.Org

Did you know TrailsforYouth.Org is in our 19<sup>th</sup> year of providing programs for local youth to get outdoors and be active? Wow, it's amazing how time flies by. As we reflect upon 2019, we'd like to take a moment to say thank you to the many volunteers, sponsors and partners that helped us to make a positive impact in our community's youth we have served. So for all the smiling faces you see in our photos, we say THANK YOU to the Springfield Civic Association, The Bike Lane, Bicycle Pro Shop, Advanced Auto Tech, Fairfax County Park Authority, Potomac Velo-Club, Mid-Atlantic Off-Road Enthusiasts, Crestwood Elementary, Lynbrook Elementary, Garfield Elementary, Springfield Estates Elementary, Key Middle and Lee High schools. In addition, we would like to give a huge shout-out to our Board of Directors and Mentor volunteers, many of whom live right here in Springfield and are vital to our success. It is because of these organizations, businesses and individuals providing support and resources that we are able to continue to serve our community's youth. Thank you one and all!

And as we look to 2020, stay tuned for some exciting programs. For instance, did you know a bicycle is a fantastic and fun tool to teach science, technology, engineering and math (STEM) to kids? Stay tuned for our STEM Trailblazers Program coming this Spring!

If you are interested in helping us make a positive impact on the youth we serve in your community, please consider a donation today. For more information about TYO, check us out on facebook or www.trailsforyouth.org.







# The Woman's Club of Springfield

The Woman's Club of Springfield is well into its new club year and are looking forward to some of our favorite activities in the coming year.



Our meeting on February 11th will feature our Annual Arts and Crafts show, where our members' works will be judged by impartial, outside judges. Winners will go on to our Spring District Meeting and will be judged again. Those winners will be taken to our GFWC Virginia Convention in April for final judging. This is always a highlight of our club year, as we have many talented members. Anyone may attend the meeting, which will begin at 6:30 p.m., at Grace Presbyterian Church. We have a time of refreshments and fellowship, which is followed by our business meeting, viewing of the Art Show entries and announcement of the winners.

We also invite you to visit us at the Pink Elephant Shop, in the Concord Center, near Aldi. Our hours are 10:00 a.m. to 3:30 p.m., Monday through Thursday and Saturday. We take consignments without appointments from 10:00 a.m. to 11:45 a.m. on the days we are open. Consignors may bring in ten items at a time (on occasion, some items are limited due to space). It is always best to check before you come in with your consignments to see if there are some things we may not be taking at the moment. Our telephone number is 703/451-2467. All of the profits made at our Shop are returned to the community in the form of donations, grants or scholarships.



We welcome all women in of the Springfield and surrounding community to join us. For more information about our Club visit www.womansclubofspringfield.org. Or, you may contact our Membership Chairman, Lee Ripper, at 703/719-9645 for more information.



## Crestwood PTA

Hello from the Crestwood Owl Family!

I hope this note finds you well as we come back from winter break: welcoming 2020 with open arms! My family and I enjoyed our respite with family and friends and we feel loved, rejuvenated, and energized as we get back into the swing of the New Year!

Our Next Fellowship Fundraiser Dinner Night will be on Wednesday, January 15th at the Silver Diner starting at 4pm. Stop by and support the Owls!

We have an exciting event on the horizon: our **Children's Festival Day**, formerly known as International Night, will be held on **Saturday**, **March 21st**. We will be **Celebrating** all things **Crestwood: our Children**, **our Community**, **and our Culture!** Please mark your calendar because this is an event not to miss. We will be featuring a variety of food trucks, entertainment, creative activities, and volunteer opportunities for all ages and sizes.

We cannot make this event possible without your support so if you have an idea, a contact, or would enjoy the opportunity to volunteer: please email <a href="mailto:crestwoodowlspta@gmail.com">crestwoodowlspta@gmail.com</a>

Looking ahead to February:

Our General Meeting will be Wednesday, February 5 at 7pm in the Crestwood Library. All are welcome, only members can vote.

Fellowship Fundraiser Dinner Night: Wednesday, February 12th at Moby Dick Kabob in Springfield Plaza: an ALL DAY Event! Carry out or Dine in: mention Crestwood and we will receive 25% of the proceeds!

There are several ways you can continue to show your support and Crestwood Pride:

First and foremost: become a PTA Member! We love when everyone gets involved and by joining us there is no other obligation, just the ability to get information directly from us! <u>Join Crestwood PTA</u>

Shop Amazon Smile and choose Crestwood Elem PTA as your charity. To support Crestwood, always shop at smile.amazon.com. Try these 2 easy ways to start with a smile: Learn about AmazonSmile

Buy Crestwood Merch! We have Crestwood T-Shirts for sale for \$10. Email us for information on sizes and colors.

Many Cheers in the New Year!

~Cassie Planakis/Crestwood PTA President



















# Advertise In the Springfield Reporter

Do you or do you know of someone who wants to advertise in the *Springfield Reporter*? We offer a variety of opportunities in which businesses can simultaneously promote their business while also supporting SCA in its efforts to inform, maintain and improve the community we share. The SCA Media Kit, which includes details and prices, can be found on our website at spring-fieldcivic.org. Click on Join SCA and scroll down to Business Advertising. Click on Media Kit.

Email us with any questions at springfieldcivic@yahoo.com.

# Fairfax County Tax Relief

Fairfax County provides real estate tax relief and vehicle tax relief (only one vehicle per household) to citizens who are either 65 or older, or permanently and totally disabled, and meet the income and asset eligibility requirements. Qualified taxpayers may also be eligible for tax relief for renters.

Returning applicants must file between January 1 and April 1. Some exceptions may be available if applications are filed late due to a hardship which prevented the application from being filed on time. Detailed requests for hardship waivers must be submitted in writing to the Department of Tax Administration.

For an application, call 703-222-8234; Español 703-324-3855, between 8:00 a.m. and 4:30 p.m. Monday thru Friday, request by email, or download the tax relief application from this website: https://www.fairfaxcounty.gov/taxes/relief/tax-relief-seniors-people-with-disabilities Those with hearing impairments may call TTY 711.











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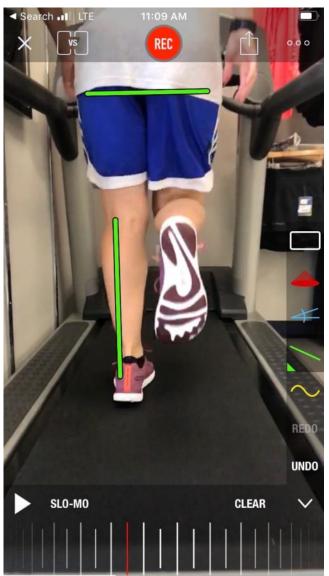






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## Metro Run and Walk.



#### **New Year, New Goals**

Many people make exercise goals for their new year's resolutions. Whether this is walking, running, or group fitness goals, it all starts with a comfortable pair of shoes. The more comfortable you are the more likely you will be to stay true to your new exercise routine. At Metro Run & Walk by Potomac River Running we are here to help you get fitted for a comfortable pair of shoes that works for your body. We also sell additional accessories like socks and insoles that will make your shoes feel even more comfortable.

## The MRW/PRR Shoe Fitting Process....Video Gait Analysis

The best part about the shoe fitting process is that it is designed for everyone! Walkers, runners, gym-goers, and those who need comfortable shoes for work are just a few examples of the types of people we help with our video gait analysis fitting process. Customers will work one-on-one with an expert staff member who will watch them walk or run and analyze their gait. Often after going through the fitting, customers will find out that they have been wearing the wrong size or style of shoe for years! After the fitting process, customers get a chance to try on several pairs of shoes and inserts to find the perfect fit. Sometimes adding a moisture-wicking sock or an insert to a shoe can make comfortable shoes feel even better!

### I'm Not a Runner, why do I Need a Running Shoe?

Even if you are not a runner, running shoes are some of the most comfortable and technically advanced shoes on the market. The technology and research put into the design and fit of the shoes is extensive. Running shoes maintain the ability to cushion the foot while being lightweight. Purchasing the right running shoe is a great way to start 2020 off on the right path...by keeping your feet comfortable while providing a gentle ride for your legs and body in general. Keep those new year's resolutions going strong with a brandnew pair of shoes, socks, and insoles available at your local Metro Run & Walk by Potomac River Running store.

Not only will our staff help you find the perfect pair of shoes, they are also available to give you advice. If you have walking, running, or exercise related questions, they can help provide answers. Stop in today for a free shoe fitting, no appointment necessary!





# Springfield Art Guild (SAG)



Meetings are **free** are open to the public. The Springfield Art Guild is starting 2020 with A great lineup of speakers and fun activities.

# **Artists & Art Lovers**

The Springfield Art Guild (SAG) Invites You to our 2020 Guest Speaker Series

Our February program features two talented SAG artists. Sy Wengrovitz will do a 30 minute framing demo, and Donnalynne Lefever will lead a 60 minute mini workshop in "Mana Prima Painting", a playful exploration of painting with your hands (example by Donnalynne Lefever). Supplies will be provided.

## When: Wednesday, Feb. 12, 2020

- 6:30—Doors open with refreshments and socializing with local artists
- 7:00pm—Art talk and a short business meeting
- 7:30-9:00 Framing Demonstration and Mana Prima Painting Mini Workshop

**Where:** The auditorium at Grace Presbyterian Church, 7434 Bath St., Springfield, VA 22150. Park in the Church's lower lot and come up the stairs on your left. If you have problems with stairs, you can park on Bath St. and enter the doors under the steeple.

Who: All are welcome. This is a free event. You don't have to be an artist to enjoy the evening.



**For more information** about SAG and/or membership go to our website <u>www.springfieldartguild.org</u> Don't forget to check out our great newsletters with more information about SAG and its activities on our website.

'Like' Springfield Art Guild on Facebook to stay informed about SAG's activities including *Free* monthly Nature Journaling outings at Lake Accotink Park, artist tips, classes, and our annual *SAG Franconia Art Show* on display through Feb 29, 2020 at the Franconia Government Center, 6121 Franconia Rd, Alexandria, VA 22310, and much more.



# Richard Byrd Library

By Valerie Suttee, Branch Manager

We launched our new library catalog in November and, while we like it, we know it has been a big adjustment for many library customers. Wednesday, January 22 from 1-2pm we will be hosting *Get the Most Out of Your New Library Catalog!* Program. Come learn about our new library catalog and some of its features. If you aren't available on the 22nd, branches across the library system will be hosting the same program at different dates and times. No need to attend a separate program, though, library staff is always happy to help you with your questions, requests and concerns.

Thanks to the generous support of our Friends, we are now the proud owners of a 3D printer! Richard Byrd Library staff are currently getting acquainted with our new printer and learning more about 3D printing. We hope to soon join other branches in serving our customers by printing 3D items. Until we are ready, if you have a design you'd like to print on a 3D printer, go to <a href="https://research.fairfaxcounty.gov/3d-printing">https://research.fairfaxcounty.gov/3d-printing</a> to learn how you can send your print job to one of the following libraries:

Kings Park Library
Pohick Regional Library
Sherwood Regional Library
Thomas Jefferson Library
Tysons-Pimmit Regional Library
Woodrow Wilson Library.



Bulbasaur planter printed by Richard Byrd Library's 3D printer.

Please join us for or share the word about our upcoming programs:

Join us for Coffee and a Classic! Enjoy coffee and refreshments while watching a classic movie. Adults. Fridays at 10:30. Feb 7, please call the library at 703-451-8055 for movie title.

Andrews Federal Credit Union once again presents a series of financial literacy workshops on timely topics. Jan 13 at 7pm, Predatory Lending Awareness Feb 10 at 7pm, Reducing Your Debts Free of Stress Mar 9 at 7pm, Getting the Most Out of Your Tax Return. Adults.

On Saturdays, beginning January 25 from 9:30-1pm, VITA Tax Assistance returns to Richard Byrd with their IRS-certified volunteers to help taxpayers earning up to \$54,000 per year. Adults.

Movement and Meditation Yoga, gentle vinyasa flow followed by a guided meditation. Leave class refreshed and renewed. Bring a yoga mat and yoga block (optional). First timers welcome!

2pm

Jan 7 & 21; Feb 4 & 18; Mar 3 & 17. Adults.

Thursday, February 13 at 7pm bring your best friend, your mom, your sister and help us celebrate Galentine's Day, the day set aside to celebrate friendships! Get ready for a night of fun with pampering potions, mocktails and more! Adults.

Friday, February 14 from 10-4pm the DMV is coming to the library! REAL ID, Drivers' licenses, vehicle titles and more!

One-on-One Tech Assistance offered by appointment! Adults requiring assistance with eBooks, mobile devices and basic computer skills can call to set up help session. Or stop by the library on Mondays 6-8pm, Tuesdays 6-8pm, Thursdays, 6-9 pm or Saturdays from 1-3pm to work with our wonderful Tech Volunteer. Bring your charged device, account IDs and passwords. Adults.

(Continued on pg. 16)

# Richard Byrd Library (cont'd)

We are starting our new chess club for ages 6 & up. Come and learn or just play!

Thursday, January 16 at 7pm Thursday, January 20 at 7pm

We've added many new programs for kids and teens for 2020 including two new programs featuring STEAM (Science, Technology, Engineering, Art and Math) concepts: Preschool STEAM for 3-5 year -olds and STEAM Academy for kids ages 6-12.

Our teens are also getting many new opportunities at the library including:

Bad Art: art doesn't have to be good to be fun! Ages 13-18 Wednesday, Jan 8 – 4pm Wednesday, Feb 12 – 4pm

Food Fight!: which is the best? Ages 13-18 Wednesday, Jan 15 – 4:30pm: Oreo Challenge Wednesday, Feb 19 – 4:30pm: To be decided

M.A.D. (Making A Difference) Teens: Come and make blankets for the Animal Welfare League.

Ages 13 to 18. 1 service hour provided.

Wednesday, Jan 22 – 4pm Wednesday, Feb 26 – 4pm

For details on the above and a full listing including all our storytimes and programs, please check the Library's events at <a href="https://www.fairfaxcounty.gov/library">www.fairfaxcounty.gov/library</a> or call Richard Byrd Library at 703-451-8055.





# Free Tax Preparation Help

During tax season (January to April), certain branches host free tax assistance events where IRS-certified volunteers help taxpayers prepare and file their income tax returns. Go to http://research.fairfaxcounty.gov/tax/free-help for a complete list of participating libraries. Tax preparation help at Richard Byrd Library is held from 9:30-1:00 in meeting rooms 1& 2 on the following dates:

Saturday, February 1
Saturday, February 8
Saturday, February 15
Saturday, February 22
Saturday, February 29
Saturday, February 29
Saturday, March, 28

Saturday, April 4

Saturday, April 11

# Friends of Lake Accotink Park (FLAP)

We need your help to continue our educational, care programs and projects. Please consider volunteering a few hours a month. Service hours are available. Committee positions are open in Communications Outreach, Special Projects and many other areas. Contact@flapaccotink.org

Thank you for Volunteering - Several meeting locations are listed below. Many volunteer opportunities are available year-round. Fine them at <a href="https://www.flapaccotink.org">www.flapaccotink.org</a> With your help we can continue to make positive impacts to OUR Lake Accotink Park.

WHEN: 12 Jan 2020 TIME: 9:00am -11:00ish

#### **WHERE: Several Meeting Locations**

- Lake Accotink Trail entrance Ellet and Inverchapel (Jim Hickey, Dave Gibson)
- Lake Accotink Marina ( Arika Van-Brunt, Karole Nielson )
- Lake Accotink Trail entrance at the end of Danbury Forest/Lonsdale Dr. (Meghan Walker)
- Lake Accotink Trail entrance
   Queensbury and Hatter as (Margaret Kinder, Yasmine Marrero)

Register: <a href="https://volunteer.fairfaxcounty.gov/custom/1380/#/">https://volunteer.fairfaxcounty.gov/custom/1380/#/</a>
organization details/71653

ACTIVITIES: Pick-up or bring your own trash bags from FLAP Volunteer and hit the trail to fill your trash bags with debris carelessly dumped, dropped Note: Long sleeves, gloves, boots and long pants are encouraged

<u>DONATIONS: Mail to FLAP P.O. Box</u> <u>1203 Springfield VA 22151</u> Send an e-mail to <u>con-</u>

<u>tact@flapaccotink.org</u> for additional Volunteer opportunities.







# Lake Accotink Park Volunteer Opportunities

All Ages-Service Hours

#### **Donate Today**

Friends of Lake Accotink Park P.O. Box 1203 • Springfield, Va. 22151 www.flapaccotink.org

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Opening this fall: HERNDON - 199 Elden Street & TYSONS - 2055 Chain Bridge Road



# American Legion Post 176 Events

January Events: (all are open to the public)
Jan. 17—Candelight Dinner, 6:00pm

Jan. 23—Cribbage, 7:00pm

#### February Events:

Feb. 5-Bridge, 7:00

Feb. 6—Cribbage, 7:00

Feb. 11—Red Cross Blood Drive

Feb. 11—Cribbage, 7:00

Feb. 14—Valentine's Day Dinner

Feb. 19—Bridge Feb. 20—Cribbage

## **Girls State**



American Legion Auxiliary Virginia Girls State will be held on the campus of Longwood University, Farmville, VA, June 21-27, 2020. ALA Unit 176 has sent six girls in the past. Candidates must be rising seniors (juniors) selected from Edison, Lee, or West Springfield High Schools. 17th District arranges for bus transportation to and from Girls State. Our Auxiliary pays the girl's \$375 registration and \$50 transportation fees. The girls learn about Virginia's government by being divided into "cities" and electing their governing officers from among their peers. For more information, contact Loretta Smith at pdploretta@verizon.net





# SCA Winter Weather Policy



SCA follows the Fairfax County Public School's policy concerning weather closures. SCA will not hold meetings on days when schools are not open or dismiss early. SCA meeting cancellations will be announced via Constant Contact and Facebook.

# Thanks To All of Our SCA Advertisers and Supporters!



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Lake Accotink

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## **Stopping By Woods On a Snowy Evening**

Whose woods these are I think I know. His house is in the village though; He will not see me stopping here To watch his woods fill up with snow.

My little horse must think it queer To stop without a farmhouse near Between the woods and frozen lake The darkest evening of the year.



He gives his harness bells a shake To ask if there is some mistake. The only other sound's the sweep Of easy wind and downy flake.

The woods are lovely, dark and deep, But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep.



PO Box 842 Springfield, VA 22150

January Meeting
Tuesday, January 21
Crestwood ES

Social time—7:00pm Meeting—7:30pm

Program:
"Where Do Things Go"

## **PLEASE JOIN US!**

# Join SCA

We are the hub that links residents and organizations, enhances

Enhancing the quality of life in Springfield.

organizations

communications, and embraces diversity to create a vibrant

Springfield community.

Promoting civic responsibility through education and advocacy

Encouraging residents to be active in community affairs

Effectively interacting with local government and community

The Springfield Civic Association is a volunteer organization

dedicated to:

Civic Association

pringfield

Where we all come together

Annual dues of \$15 cover all adults in a household. Membership is open to all residents and non-resident property owners in the boundaries. Mail this form with your check to PO Box 842, Springfield, VA 22150 or bring it with you to the membership meeting, or visit <a href="www.springfieldcivic.org">www.springfieldcivic.org</a> to join or renew online.

☐ Join SCA ☐ Renew my membership ☐ Add or change contact information ☐ Add me to the email list, I will join later (email list is FREE)

Name(s)

Address

1

Phone

Email

By providing your email address, you agree to receive the newsletter and monthly updates by email.